

# **PERSONAL CHEF MEALS TO GO/DELIVERY**

## *Vegetables*

Squash Casserole

Blanched Lemon Asparagus

Green Beans Almondine

Spinach and Artichoke Casserole

Green Bean Casserole

Eggplant Au Gratin

Haricot Vert with Tarragon Butter

Black Bean Salad with Cilantro

Baked Beans

Glazed Carrots

## Starches

Mashed Potatoes

Roasted Garlic Mashed Potatoes

Dauphinois Potatoes

New Potato Salad with Rosemary Oil and Fried  
Garlic, No Mayo

Twice Baked Potatoes

Potato Casserole

Macaroni and Cheese

Any type of pasta with sauces (Marinara, Alfredo,  
Butter Sauce, Sun Dried Tomato Pesto

Corn Casserole

Red Beans & Rice

Wild Rice Salad with Balsamic Vinaigrette

Adluh Grits

Baked Sweet Potato

Baked Potato

Potatoes O'Brien

Dirty Rice

## *COLD SALADS*

Cucumber, Tomato, Basil Salad  
Marmie Salad (no mayo cole slaw)  
Roasted Potatoes & Herb Potato Salad  
German Potato Salad (hot or cold)  
Tortellini Pasta with Sundried Tomatoes  
Black Bean and Corn Salad with Cilantro  
Apple Jicama Slaw  
Asian Noodle Salad  
Confetti Rice Salad  
Antipasto Salad  
Caesar Salad  
Fresh Spinach Salad w/bacon dressing  
Mixed Green Salad with Spicy Nuts and Blue Cheese  
Smoked Turkey, Jarisberg with Sherry Mayo  
Snow Crab Salad  
Tuna Niçoise  
Classic Small Packages Shrimp Salad  
Herb Chicken Salad  
Curry Chicken Salad  
Chinese Chicken Salad with Sesame Noodles and Rice  
Vinegar Cucumbers  
Seasonal Fruit Salad Mix  
Layered Chef Salad

## *PROTEINS*

### *Chicken*

Chicken Pot Pie  
Chicken Alfredo with Pasta  
Chicken Cordon Bleu  
Mojo Chicken, Marinated (Lime & Cilantro)  
Lemon Garlic Chicken with Rosemary  
Chicken Divan with Broccoli and Three Cheeses  
Hunter's Chicken  
Chicken Vera (tomatoes, garlic and cream)  
Chicken Saltimbocca  
Chicken Cacciatore  
Greek Chicken  
Chicken Tortilla Casserole (Or Beef)  
Chicken Parmesan

### *Lamb*

Chops, any style  
Rack of Lamb  
Lamb Kabobs with Rice  
Bulgur & Lamb Salad  
Moroccan Lemon Tagine with Rice

## Pork

Stuffed Pork Chops with Dried Fruits  
Marinated & Grilled Pork Tenderloin  
Loin with Tarragon & Dijon  
Honey Baked Ham  
Cuban Roasted Pork Loin  
Pulled Pork with Rolls and your choice of vinegar,  
mustard, or tomato based sauce

## Beef & Veal

Rib Roast  
Homemade Meatballs  
Marinated & Grilled Flank Steak  
Gorgonzola Filet Tips with Port Wine Demi  
Smoked Ribs, any style  
Meatloaf  
Stuffed Peppers, Stuffed Cabbage Rolls  
Hungarian Goulash with Pasta  
Beef, Sausage, and Rigatoni  
Lasagna (beef, chicken, or vegetable)  
Beef Stroganoff with Bow Tie Pasta  
Veal Stew Milanese  
Veal Scaloppini

*Fish and Seafood*

(All at market value)

(Your choice: broiled, poached, steamed, grilled deep fried, or pan fried)

Tuna Steak

Salmon Filet

Scallops

Scallop Wrapped Bacon (baked)

Stuffed Flounder, Spinach or Seafood Stuffing

Small Packages Lump Crab Cakes

Shrimp Alfredo Pasta

Teriyaki Salmon with Capers and Dill over Sesame Noodles

Crab Stuffed Trout with Lemon Butter

Jambalaya Casserole

Flounder Florentine

Salmon Roulade with Kalamata Olives, Orange and Celery Relish over Lemon Zest Rice

Shrimp and Scallop Provençal

*\*OTHERS\**

*Pastas Available*

Linguini  
Angel Hair  
Orzo  
Spaghetti  
Bow Tie  
Rotini  
Tortellini  
Ravioli

*Side or Salad Dressings*

Ranch, Bleu Cheese, Balsamic Vinegar, Honey Mustard,  
Italian, French, Sesame Seed, Hot Bacon & Mustard

## *SOUPS*

Grilled Chicken and Red Potato

15 Bean with Ham and Kale

Split Pea

Seafood Chowder, Seafood Bisque, Shrimp Bisque

Gumbo

Baked Potato

Minestrone

Butternut

Tuscan Bean & Sausage

French Onion

Italian Wedding (Meatball)

Lentil and Sausage

Black Bean

Chicken Noodle

Beef & Barley, Beef & Vegetable, Vegetable

Chicken & Rice

Clam Chowder

Broccoli & Cheese

Leek & Potato

Chili, Beef OR White Bean & Chicken Chili



## *VEGETARIAN*

Vegetable Napoleon  
Shepherdless Pie (no meat)  
Vegetable Torte  
Roasted South Carolina Tomato Tart  
Wild Mushroom Ravioli

## *BREAKFAST*

Quiche: Choice of assorted meats & cheeses and  
vegetables (feeds 4-6)  
Mini Quiche (24 minimum)  
Biscuits, Butter  
Sweet Potato Biscuits  
Assorted Breakfast Muffins, Standard & Mini  
Breakfast rolls  
Casserole: Choice of fillings and cheese  
Baked French Toast  
Adluh Grits with Cheese  
Chocolate Waffles

## DESSERTS

Seasonal Fruit Salad Mix

Chocolate Glazed Brownies

Cheesecake (choice of flavors)

Homemade Cookies and Bars

Variety of Mousses and Puddings

Fudge Pie

Lemon Squares

Key Lime Pie

Cherry Delight

Mini Cheesecake Bites

Cobblers – seasonal fruit

Bread Pudding

Cookies, all homemade (ask for flavor availability)

\*have gluten free desserts available upon request\*